

Activity Schedule for *August* 2022

Joyce Raye Patterson 50+ Activity Center

100 South 10th , St. Joseph, Mo 816-271-4666

CAFETERIA: Tues.-Friday
11:00AM-12:30PM
OPEN TO ALL AGES

Billiards, 8-Ball , Snooker ,
Shuffleboard/Table Tennis
.75cents per day per person

Fitness Center
M-Thus. 8-7:30pm
Fri. 8-5 Sat. 8-11:30

MONDAY

Blood Pressure 2:15 Aug. 15 by Help at Home

Line Dance Lessons 3-4pm \$2

Fit Club with Kelly 1-2pm \$2

Duplicate Bridge 12:30-4pm

TUESDAY

Mah Jong Queens—1:00pm (.50)

Mexican Train—1:00 pm (.50)

WEDNESDAY

Beginning Line Dance Lessons, 3-4pm \$2

Diabetes Self Management 2-4pm

THURSDAY

Spades, 1-4 pm (.50)

Duplicate Bridge 12:30-4pm

FRIDAY

Chair Tai Chi (Seated) 10-11am

Blood Pressure, August 12 ,10:30-1:30am (by JMS Senior Living)

Blood Pressure, Aug. 19, 10-11:30am (by Abbey Woods)

SATURDAY

St. Joseph Stamp Club, 1:00-4:00 pm Aug 20

Opinion Poll

Beginning the 1st of each month we will be asking for your **anonymous** opinion on a topic of the month Check the white board in front of the elevator for the topic. (submit response at front desk)

August 2,
Cotillion for Achievement”
Board Meeting 6:00pm

August 10, 1-3pm

Learn a new board game.

“Tsuro”— a tile game **FREE**

August 12 “Corn Hole “

noon-1:30pm—Free

August 16 Senior Citizens

Foundation Board Meeting, 3-4pm

Blood Pressure Checks

Mon. Aug. 15

Wednesdays, 2:15—3:15pm

By Help at Home

August 18, 10:00-11:30 FREE

Master Gardener Presentation, Double Feature: Identifying and eradicating invasive plants and making salsa, Presented by: Larry Werthmueller, Master Gardener

August 19 , 9:00am — 11:00am

MONTHLY CRAFT

Abstract Flower Garden Acrylic Dip Painting on 8” x 8” canvas. \$10 per person, must RSVP in advance.

August 25—BINGO!

10:00 am, FREE

August 26—Health Fair provided by

Northwest Professionals in Aging

For persons 50 and older, TBD, FREE

August Dances

Dancing Clark’s Mega Tunes

Sat. August 13, 7:30 pm, \$5

Dixie Caddilacs

Sat. August 20, 7:00 pm, \$7