

Proclamation

City of St. Joseph, Missouri

BREASTFEEDING AWARENESS MONTH

WHEREAS, breastfeeding has many benefits for babies such as fostering optimal growth, promoting development of a baby's brain and immune system, as well as many benefits for improving maternal health long after the postpartum period, including reduction in postpartum bleeding, earlier return to pre-pregnancy weight, reduced risk of premenopausal breast cancer, and reduced risk of osteoporosis; and

WHEREAS, World Breastfeeding Week, August 1-7, 2010, generates public awareness and support for breastfeeding mothers. It is believed that supporting breastfeeding in non-emergency settings will strengthen the mothers' capacity to cope in an emergency; and

WHEREAS, more than 1,250 births take place in our community annually, and St. Joseph is proud to be part of a global movement to protect, promote and support breastfeeding, which fosters the well-being of individuals, families and our community.

NOW THEREFORE, I, Bill Falkner, by virtue of the authority vested in me as Mayor of the City of St. Joseph, do hereby proclaim the month of August, 2010 as **Breastfeeding Awareness Month** in St. Joseph, Missouri.

ISSUED: This 3rd day of August, 2010

Bill Falkner

Mayor

